



Athletics Leinster Cross country 2018
 Evenages, Junior & Novice Championships
 Navan Sports Adventure Centre
 Saturday 27th October 2018.

Timetable

11.40am	Girls U10	1000m	= 1*red loop
11.50am	Boys U10	1000m	= 1*red loop
12 Noon	Girls U12	2000m	= 2*red loop
12.15pm	Boys U12	2000m	= 2*red loop
12.25pm	Girls U14	3000m	= 1*red loop + 1*(red +Yellow)
12.40pm	Boys U14	3000m	= 1*red loop + 1*(red +Yellow)
12.55pm	Girls U16	4000m	= 2*(red+Yellow)
13.15pm	Boys U16	4000m	= 2*(red+Yellow)
13.35pm	Girls U18 & Jun Girls	4000m	= 2* (red+Yellow)
13.55pm	Boys U18 & Jun boys	6000m	= 3*(red+Yellow)
14.20pm	Novice ladies	4000m	= 2*(red+Yellow)
14.40pm	Novice Men	6000m	= 3*(red+Yellow)