

STAR OF THE SEA A.C.

29th ANNUAL CROSS-COUNTRY MEETING

SUNDAY 24th SEPTEMBER 2017

GREENANSTOWN, STAMULLEN, CO. MEATH

Note: Venue will be signposted from Cooperhill Cross on Duleek to Julianstown road and from Stamullen village.

JUVENILE PROGRAMME COMMENCES AT 11AM

GIRLS

RACE 1: U9 500M

RACE 3: U10 500M

RACE 5: U11 1,000M 11.25am

RACE 7: U12 1,500M

RACE 9: U13 1,500M 11.49am

RACE 11: U14 2,000M

RACE 13: U15 2,200M

RACE 15: U17 3,000M 12.30pm

BOYS

RACE 2: U9 500M

RACE 4: U10 500M

RACE 6: U11 1000M

RACE 8: U12 1,500M 11.45am

RACE 10: U13 1,800M

RACE 12: U14 2,200M

RACE 14: U15 2,500M

RACE 16: U17 4,500M 12.40pm

Note the times for the juvenile races are just guide times and the programme can move ahead of schedule.

JUN, SEN, MAS & Fit4Life PROGRAMME COMMENCES AT 1.00PM

WOMENS: JUN, SEN, MAS (O/40, O/50 & O/55) & FIT4LIFE 3,000M

MENS: JUN, SEN, MAS (O/40, O/50, O/55) & FIT4LIFE 6,000M

Plus a Category for bonafide Fit4Life athletes

PLEASE NOTE:

- > REGISTRATION FOR JUNIOR, SENIOR & MASTER RACES AVAILABLE ON THE DAY UNTIL 12.30PM
- > 3 PER TEAM FOR ALL JUVENILE RACES
- > JUNIOR AND SENIOR TEAMS CAN CONTAIN ANY COMBINATION OF JUNIOR AND SENIOR ATHLETES – 3 PER TEAM.
- > MASTERS TEAMS – 3 PER TEAM.
- > JUNIOR RACES ARE UNDER 20 YEARS OF AGE.
- > ALL JUVENILE & JUNIOR AGES AS AT 31ST OF DECEMBER 2017
- > PRIZES FOR 1ST 6 JUVENILES AND 1ST 3 TEAMS
- > CASH PRIZES FOR 1ST 6 FINISHERS OVERALL IN THE JUNIOR, SENIOR & MASTERS RACE.
- > CASH PRIZES FOR 1ST 3 JUNIORS
- > CASH PRIZES FOR 1ST 3 MASTERS IN O/40, O/50 & O/55
- > CASH PRIZES FOR THE 1ST 2 MALE & FEMALE BONAFIDE FIT4LIFE TEAMS OF 3 ATHLETES
- > MASTERS LADIES AND MASTERS MEN START AT OVER 40.
- > TEAM MANAGERS TO HAND IN SCORE CARDS WITHIN 10 MINS OF FINISH OF EACH RACE.
- > SEAN HIGGINS MEMORIAL PERPETUAL TROPHY PRESENTED TO THE WINNER OF THE BOYS U17 RACE.
- > STAR OF THE SEA A.C. SHIELD PRESENTED TO BEST JUVENILE CLUB.

FOR FURTHER INFORMATION PLEASE CONTACT:

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Or check us on facebook: Star Of The Sea Athletic Club